

Resources

For confidential safety planning or counseling:

SafeLink:

Statewide domestic violence hotline

(24 hours/7 days/week/multilingual)

877-785-2020

TTD 877-521-2601

South Shore Women's Center

781-582-0078

Harbor COV

617-884-9909 (hotline)

617-884-9799 x123 (advocate)

Help for Abused Women & Children

(HAWC)

978-744-6841

Center for

Violence Prevention & Recovery

Beth Israel Deaconess Medical Center

617-667-8141

HAVEN

Massachusetts General Hospital

617-724-0054

Passageway

Brigham & Women's Hospital

617-732-8753

To report suspected abuse of people 60 and over

Elder Abuse Hotline

(24 hour/V/TTY)

800-922-2275

Stop Abuse Gain Empowerment SAGE-Boston

In February 1999, a group of people from hospitals, domestic violence programs, visiting nurse associations, senior programs, and others met together to talk about the needs of older women who were abused. SAGE-Boston is now made up of more than 23 programs who care about older women and abuse. Our mission is to improve how programs in the Boston area respond to women over the age of 60 who are abused by someone they love.

For more information,
call 617-534-2380.



SAGE-Boston

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*Safety
Information*
for Women
60 Years
and Older



SAGE-Boston

What is Abuse?

Does your spouse or someone you love do any of these things?

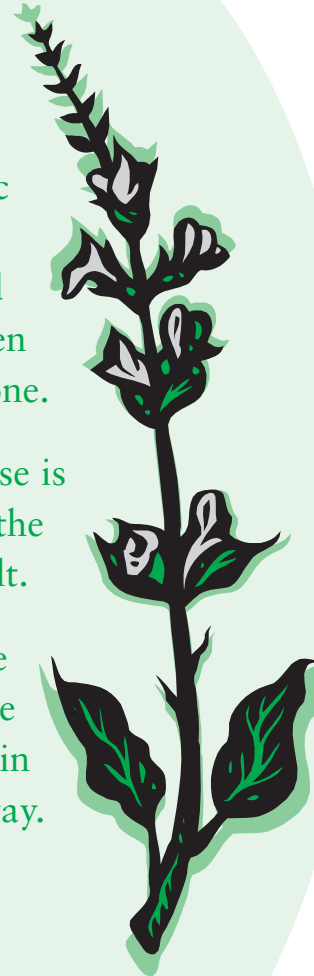
- Hit, shove, choke, or restrain you
- Humiliate you, put you down, ignore your wishes, yell at you
- Try to control where you go, keep you from seeing family or friends or attending religious services
- Deny you food, medication, or use of the phone
- Threaten to hurt you, destroy things that belong to you, hurt your pet
- Force you to have sex or withhold affection
- Blame you for everything

If you are being abused, you have the right to get help and seek protection from the person hurting you. See the resources in this brochure.

Domestic abuse is very common, and can happen to anyone.

Abuse is never the victim's fault.

No one deserves to be hurt in any way.



What Kind of Help Can I Get?

- You are not alone!
- Talk with someone you trust about the abuse, or call one of the resources in this brochure for support and information.
- Remember, even if your spouse promises to change, abuse usually continues or gets worse.
- You cannot change your spouse, and you are NOT responsible for the abuse!
- Call 911 if you have been hurt or are afraid.
- Go to your health care provider or your nearest Emergency Room.
- Women of any age can call SafeLink: Statewide domestic violence hotline at 1-877-785-2020.